

Experiencing Biblical Healing

Leader's Guide

Thank you for leading an *Experiencing Biblical Healing* Group Study. This six-session course has been designed to make your role simple and effective. The videos do the teaching; your primary role is to create a welcoming environment, encourage participants through the process, answer questions when needed, and help everyone stay on track.

1. Plan Your Group

- Decide when and how often your group will meet—for example, once a week for six weeks or twice a week for three weeks.
- Plan approximately 90 minutes for each session, including the video teaching and discussion afterward. Session 1 will typically take closer to two hours.
- Invite friends, family members, or people from an existing group you are involved with.
- Encourage each participant to purchase their own copy of *The Prayer of Freedom*. The book is required for completing the homework and walking through the prayer process.

An Easy Way to Invite People

One of the easiest ways to invite someone to your Group Study is to text or email them our short invitation video. Think of a few people you'd like to invite, pull out your phone, and send them the link now. Then follow up with them the next day to see if they're interested.

Invitation Video: [InviteBiblicalHealing.com](http://www.InviteBiblicalHealing.com)

You can keep your message simple:

"I'm putting together a six-session Group Study that I thought you might be interested in. Here's a short video that explains what it's about. www.InviteBiblicalHealing.com. Take a look when you have a few minutes, and I'll follow up with you tomorrow."

2. Manage Your Group in Planning Center

Planning Center is the online service we use to organize and manage our Group Studies. It provides one central place to manage your group, communicate with participants, send reminders, and access all the resources you'll need throughout the study. Each Group Study has its own dedicated area in Planning Center, making it easy to keep everything for your group organized in one place.

As a leader, you'll use Planning Center to manage your group and, if desired, communicate with participants. All of Beatty's teaching videos and additional leader resources will be available there. Once participants sign up for your group, they'll also access everything they need for the study through Planning Center. This allows the materials, communication, and resources for each Group Study to stay organized and easily accessible throughout the study.

3. Accessing the Videos

All teaching videos are accessed through the "Resource" section in Planning Center. You can access them from a mobile phone, tablet, or computer.

Option 1: Screen Cast From Your Mobile Phone

If your TV supports screen casting—such as Apple AirPlay, Smart View, or Android Cast—you can mirror your phone or tablet to the TV.

iPhone: Swipe down from the top-right corner of the screen, tap **Screen Mirroring**, and select your TV or Apple TV.

Android: Swipe down from the top of the screen and tap **Screen Cast, Smart View, or Cast** (the name varies by device), then select your TV.

Make sure your phone or tablet and TV are connected to the same Wi-Fi network.

Option 2: Play On Your Computer

You can also play the videos directly from a computer. Your group can watch on the computer screen, or you can connect the computer to a TV or larger display using an HDMI cable or similar connection.

4. BEFORE the *First Session*

Create a Prayer Buddy Team

Because spiritual opposition can sometimes arise when people begin working through *The Prayer of Freedom* process—as described in Chapter 11—we strongly recommend establishing prayer coverage **before your first session**.

Recruit **three people outside your Group Study** to serve as prayer supporters. Ask them to pray twice daily—morning and evening—for you as the leader and for each participant by name, beginning when your group roster is confirmed and continuing until the study is complete.

You should also pray twice daily for each participant.

This creates a strong foundation of prayer support for your entire group.

► **Prayer Buddy Prayer** ◀

(pray aloud twice daily, morning and evening)

Lord, I ask you to guide and support (list each participant's name) as they go through *The Prayer of Freedom*. I ask you to block all attacks of any unholy spirits from manifesting, distracting, confusing, or in any other way interfering with their progress, and make all their attacks ineffective.

And in Jesus's name and by his authority, I bind all unholy spirits set against (list each participant's name) as they go through *The Prayer of Freedom*, and I command every unholy spirit down. I forbid you to manifest, distract, confuse, or in any other way interfere with them as they complete this process, and I declare all your works against them to be ineffective.

Send your Participants an Orientation Email

Using Planning Center or your personal email, send each participant directions to:

- Beatty's **Orientation Video**
- The **Note Sheets PDF Pack**, which they should print and bring to each session

Both are available in each participant's Planning Center "Resource" section.

5. Create a Warm Environment

- If meeting in person, consider allowing about 15 minutes beforehand for coffee, snacks, and fellowship.
- Keep the atmosphere relaxed and welcoming.
- Remind participants that this is a safe place to learn, ask questions, share, and grow.
- Encourage progress without creating pressure. Your role is to help people keep moving forward, not to make them feel guilty if they fall behind.

6. At the END of the *First Session*

Before everyone leaves:

- Have everyone pray through the **Simplified Prayer** at the beginning of *Part 2 — Field Manual*.
- Explain the Prayer Buddy system and assign Prayer Buddies from within the group. Ideally, place participants in groups of four so each person has three people praying for them.
- If your group meets in person, have participants write their names along the **outside edge** of their book so books do not get mixed up. Also encourage them to make their book easy to identify by adding a ribbon, bookmark, colored mark, or something similar so someone is less likely to accidentally pick up their book by mistake.
- Review the homework assignment and emphasize that participants should begin **both the Read and Do** assignments right away. If someone is short on time, encourage them to prioritize the **Do** assignment first, then complete the **Read** assignment as soon as possible. (below is the homework schedule as found in the Participants' Note Sheets)

>> Homework Schedule <<

Homework assignments to be completed prior to each Session listed below.
(NOTE: if you have only limited time, focus homework on the “Do” category)

Due For Session #	Read	Do
2	Read Introduction through Chapter 3	Start in Part 2: Field Manual - Do Simplified Prayer - Read Chapter 11 - Do Chapter 12 List Prep Guide 1-18
3	Read through Chapter 8	Complete Prayer 1

4	Read through Chapter 10	Complete Prayer 2 Begin Prayer 3
5	Read through Chapter 14	Continue Prayer 3
6	Read through Chapter 18	Complete Prayer 3

7. Structure of Each Session

Most sessions should last approximately 90 minutes. Session 1 will typically take closer to two hours.

For each session:

- Complete the **Group Health Check** described below, when applicable.
- Watch the teaching video together.
- Lead a short discussion afterward—usually 10–15 minutes.

You can get the discussion started by asking two or three simple questions such as:

- **What stood out to you most from today’s teaching?**
- **How does this connect with something in your own life?**
- **What is one takeaway or insight you want to remember from this session?**

At the end of each session, remind participants of their **Read** and **Do** assignments before the next meeting.

8. Group Health Check — Sessions 2–4

Beginning with Session 2, take a few minutes **before watching the teaching video** to see how everyone is progressing with the homework.

The purpose is not to pressure or embarrass anyone. It is simply to help you see where the group is, identify questions or obstacles, and provide additional support when needed.

► Sessions 2 and 3 — “Reading and Doing”

Write two columns on a board or sheet of paper to correspond with the homework assignment categories: **READ | DO**

Then quickly go around the room and ask each person two things: **What chapter have you read through?** and **What List or Prayer number have you completed?**

Keep this quick and relaxed. **There is no condemnation if someone is behind.** You are simply getting a snapshot of where everyone is.

If someone is falling behind, you might say:

“No problem. I’d love for you to catch up if you can. Is there anything getting in the way or anything about the process that I can help you with?”

This often uncovers questions, confusion, distractions, or other difficulties that you would not otherwise know about. It also gives you an opportunity to determine whether additional prayer support may be helpful.

Especially during Session 2, allow a few minutes to answer questions that have come up now that participants have actually begun working through the book and assignments.

Once the Health Check and any necessary questions are complete, begin the teaching video.

► Session 4 — Simplify the Check-In

By Session 4, you no longer need to go around the room person by person. Simply ask, *“Is anyone having difficulty keeping up with the homework or does anyone have any questions about the process?”*

Address anything that needs attention, then move into the teaching.

The goal of the Health Check is simple: **know where your group is, identify obstacles early, answer questions, and provide support where needed.**

9. Session 6 — Multiply the Impact of Freedom

Before wrapping up Session 6, have everyone turn to the **Multiply the Impact of Freedom** section in their Note Sheets PDF Pack.

Please don't rush through this section. This is an important part of the Group Study because it helps participants consider what God may want them to do with what they have received.

Walk the group through:

- **Giving It Forward**
- **Leading a Group Study**
- **Going Deeper with the Master Class**

Giving It Forward

Encourage participants to think about whether someone has come to mind during the study who may need what they have just experienced.

You might say:

“As you’ve gone through this study, has God put someone on your heart—someone you feel may need the same opportunity for freedom you’ve been given? If a person has come to mind, don’t just dismiss that nudge. Ask God what He wants you to do, and then be willing to act. It may be as simple as giving them a copy of The Prayer of Freedom or inviting them to go through a Group Study with you.”

The goal is not to pressure anyone to share the message. It is to encourage them to recognize and respond when God brings someone to mind.

Leading a Group Study

Next, ask participants to consider whether God may be nudging **them** to lead a Group Study.

You might say:

“Someone helped make it possible for you to go through this study. You may now be the person God wants to use to help someone else experience freedom. If you feel even a small nudge toward leading a group, I encourage you not to leave here and forget about it—take the next step while that nudge is fresh.”

Then have everyone locate the **Group Study link or QR code** in their Note Sheets. This will take them to a website where they can learn more about the Group Study approach and request more information if desired.

If appropriate, say:

“If you feel God may be leading you to do this, pull out your phone right now, scan the QR code, and take the first step. You’re not committing to lead a group today. You’re simply learning what’s involved so you can prayerfully decide whether this is something God is asking you to do.”

Give participants a moment to actually do this rather than simply telling them about it.

Going Deeper With the Master Class

Finally, point out the **Master Class** for participants who want to go deeper in understanding these principles and become better equipped to help others.

The goal of Session 6 is not simply to finish the course. It is to help participants prayerfully consider:

“What does God want me to do with what He has given me?”