

**THE
PRAYER OF
FREEDOMTM**

Note Sheets

**Experiencing
Biblical Healing**

DIGITAL GROUP STUDY WORKSHEETS

The Prayer of Freedom Group Study Worksheets – Experiencing Biblical Healing

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Welcome to Experiencing Biblical Healing

I'm excited that you're going through **Experiencing Biblical Healing**, the group study training based on *The Prayer of Freedom*.

Before you begin, you'll need your own copy of *The Prayer of Freedom*. The book is an important part of this study and will be used throughout each session as you learn and personally apply the biblical healing process.

Whether you're personally struggling with anxiety, depression, chronic pain, persistent sickness, relationship conflict, or another issue that just doesn't seem to go away—or you have someone you love who is—I believe what you're about to learn can give you a new understanding of biblical healing and how God brings freedom into our lives.

Over the years, I've had the privilege of watching God move in some remarkable ways as people have walked through the biblical principles you'll be learning in this study. My hope and expectation is that you'll experience Him moving in your life in powerful and very personal ways as well.

These note sheets are designed to help you follow along during each session and capture the key principles you'll be learning. But the most important part of this study is not simply **learning** the process—it's **doing** it.

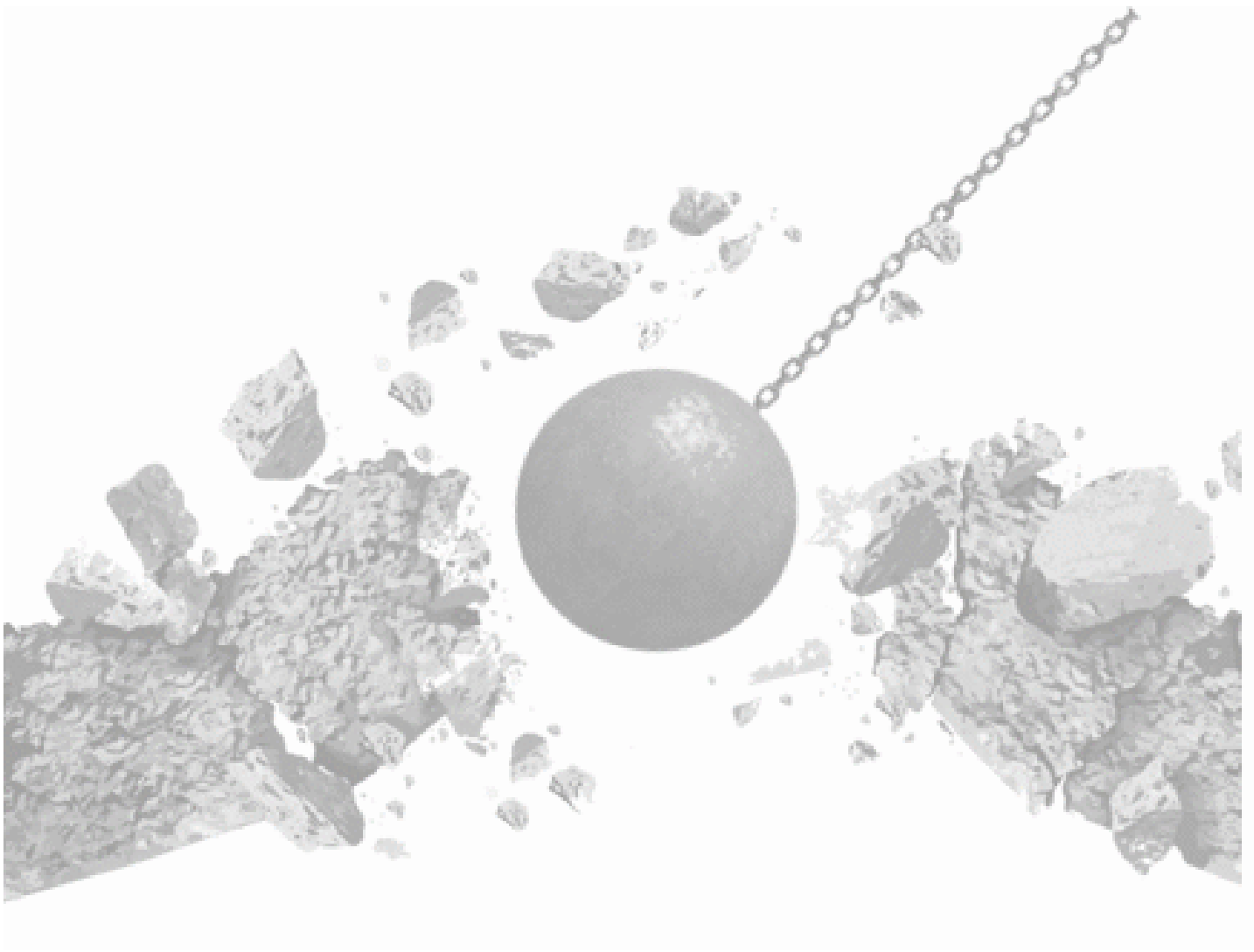
That's why you'll find a simple homework assignment after each session that will guide you through specific sections of *The Prayer of Freedom*, preparing your personal lists, and completing your own prayer sessions. Please take the time to complete it. As you move through the study with your group, you'll also be personally walking through the process and applying what you're learning to your own life.

Come with an open heart. Be willing to participate. Do the homework. And most importantly, expect God to meet you as you do.

I'm excited for what He may have in store for you.

Beatty Carmichael

Author of The Prayer of Freedom



Note Sheets

>> Homework Schedule <<

Homework assignments to be completed prior to each Session listed below.
(**NOTE:** if you have only limited time, focus homework on the “**Do**” category)

Due For Session #	Read	Do
2	Read Introduction through Chapter 3	Start in Part 2: Field Manual - Do Simplified Prayer - Read Chapter 11 - Do Chapter 12 List Prep Guide 1-18
3	Read through Chapter 8	Complete Prayer 1
4	Read through Chapter 10	Complete Prayer 2 Begin Prayer 3
5	Read through Chapter 14	Continue Prayer 3
6	Read through Chapter 18	Complete Prayer 3

Session 1: Legal Rights

Introduction

Spiritual Warfare

- **Eph 6:12** (ESV) - For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.
 - **TLB** - For we are not fighting against people made of flesh and blood, but against persons without bodies -- the evil rulers of the unseen world, those mighty satanic beings and great evil princes of darkness who rule this world; and against huge numbers of wicked spirits in the spirit world."

➤ Draw Diagram Here

- Spiritual Warfare is a _____ battle
- You are fighting opponents you _____ see
- Unless you know the _____ you are bound to lose

- It looks like natural _____ and _____. It's not. It is premediated destruction in your life

Legal Structure Is Part of God's Design

- **Eph 1:20-21** - "...when [God] raised him [Jesus] from the dead and seated him at his right hand in the heavenly places, far above all rule and authority and power and dominion, and above every name that is named..."
- **Mat 28:18** - "And Jesus came and said to them, "All authority in heaven and on earth has been given to me."
- **God the Father is frequently described as a _____** -- one who operates in governmental structure and authority based on rules
- **Job 1:6** - "Now there was a day when the sons of God came to present themselves before the LORD, and Satan also came among them"
- **Heb 12:22-24** - "But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to innumerable angels in festal gathering, and to the assembly of the firstborn who are enrolled in heaven, and to God, the judge of all, and to the spirits of the righteous made perfect, and to Jesus, the mediator of a new covenant, and to the sprinkled blood that speaks a better word than the blood of Abel"

Unrepented Sins and Legal Rights

4 Steps to Deliverance

1. _____ the spirit
2. _____ the demon
3. _____ of the sin
4. _____ the spirit out

Repentance _____ the legal right of evil spirits to attack

Evidence of Legal Rights in Scripture

- **Col 2:13c-15** - "... [Jesus] having forgiven us all our trespasses, by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him."

- **Job 1:6-12** - "Now there was a day when the sons of God came to present themselves before the LORD, and Satan also came among them. The LORD said to Satan, "From where have you come?" Satan answered the LORD and said, "From going to and fro on the earth, and from walking up and down on it." And the LORD said to Satan, "Have you considered my servant Job, that there is none like him on the earth, a blameless and upright man, who fears God and turns away from evil?" Then Satan answered the LORD and said, "Does Job fear God for no reason? Have you not put a hedge around him and his house and all that he has, on every side? You have blessed the work of his hands, and his possessions have increased in the land. But stretch out your hand and touch all that he has, and he will curse you to your face." And the LORD said to Satan, "Behold, all that he has is in your hand. Only against him do not stretch out your hand." So Satan went out from the presence of the LORD."

- **Job 1:4-5** - "His sons used to go and hold a feast in the house of each one on his day, and they would send and invite their three sisters to eat and drink with them. And when the days of the feast had run their course, Job would send and consecrate them, and he would rise early in the morning and offer burnt offerings according to the number of them all. For Job said, "It may be that my children have sinned, and cursed God in their hearts." Thus Job did continually."

What Attacks Look Like

➤ **Draw Diagram Here**

- **Act 3:19** (NIV) - "Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord"

>> Homework Assignment <<

➤ **BEFORE LEAVING CLASS**

- Pray **The Simplified Prayer** (at beginning of **Part 2 Field Manual**)
- Download the "**Get Radical Faith**" mobile app (from your app store)
- Select **three Prayer Buddies** to pray the *Prayer Buddy* Prayer on your behalf during the group study (the *Prayer Buddy* Prayer can be found in **Chapter 11** and in our mobile app at the bottom of *The Prayer of Freedom* section)

➤ **ON YOUR OWN FROM HOME**

- Read **Chapter 11** and do the Issue Grid

- **Do Chapter 12 List Preparation Guide 1-18** → complete all lists before Session 2
- (begin reading *The Prayer of Freedom* book)

Session 2: Soul Ties & Sexual Sin

Introduction

Soul Ties

- **Definition:** a soul tie is the _____ of your soul with someone else's
- The Bible describes it as _____, knitting, cleaving
- If the connection occurred during a sinful act, it's an _____ soul tie; if the connection occurs during a godly act, it's a _____ soul tie.
- Our life in the physical is _____ by our life in the spiritual

➤ **Draw Diagram Here**

Godly Soul Ties

- **Gen 2:24** - "Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh."
- **Mat 19:4-6** - He answered, "Have you not read that he who created them from the beginning made them male and female, and said, Therefore a man shall leave his father and his mother and hold fast to his wife, and the two shall become one flesh'? So they are no longer two but one flesh. What therefore God has joined together, let not man separate."
- **1 Sam 18:1** - "... the soul of Jonathan was knit to the soul of David, and Johnathan loved him *as* his own soul."

Ungodly Soul Ties

Sin vs Soul Tie

- A _____ opens the door for a demon to come in from the _____
- An _____ allows for the _____ of a demon from one person to another

3 Ways Ungodly Soul Ties Are Formed

1. _____ to sin between two people
 - The _____ creates an open door that creates an ungodly soul tie

2. _____ you to sin

3. _____ against you that is sin

Sexual Sin

- **Definition:** sexual sin is _____ sex outside the covenant of marriage
- **Act 15:28-29** (Jerusalem Council) - "For it has seemed good to the Holy Spirit and to us to lay on you no greater burden than these requirements: that you abstain from what has been sacrificed to idols, and from blood, and from what has been strangled, and from sexual immorality. If you keep yourselves from these, you will do well. Farewell."
- **1 Tim 1:8-10** - "Now we know that the law is good, if one uses it lawfully, understanding this, that the law is not laid down for the just but for the lawless and disobedient, for the ungodly and sinners, for the unholy and profane, for those who strike their fathers and mothers, for murderers, the sexually immoral, men who practice homosexuality, enslavers, liars, perjurers, and whatever else is contrary to sound doctrine"
- Sexual sin gives evil spirits a right to _____ you

What makes sexual sin so bad?

- **God's perspective:**
- **Demonic perspective:**

Sexual Sin “Funnel Effect”

➤ Draw Diagram Here

- With sexual sin and the ungodly soul tie, you will _____ get STD
→ “sexually transmitted demons”

Session 3: Unforgiveness

Introduction

Heb 12:5-7 - And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves, and chastises every son whom he receives." It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?

Parable of the Unmerciful Servant

Mat 18:21-35 (NIV) - Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy times seven."

"Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. "At this the servant fell on his knees before him. 'Be patient with me,' he begged, 'and I will pay back everything.' The servant's master took pity on him, canceled the debt and let him go.

"But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. 'Pay back what you owe me!' he demanded. His fellow servant fell to his knees and begged him, 'Be patient with me, and I will pay it back.' But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt.

"When the other servants saw what had happened, they were outraged and went and told their master everything that had happened. Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. Shouldn't you have had mercy on your fellow servant just as I had on you?' In anger his master handed him over to the jailers to be tortured, until he should pay back all he owed.

“This is how my heavenly Father will treat each of you unless you forgive your brother or sister from your heart.”

4 Key Take-Aways

1. We must forgive _____
 2. If you don't forgive, God calls you _____
 3. The lack of forgiveness is an open door to be _____
 4. The torment lasts until... the sin has been _____
-
- Greek for “jailer” is also translated _____ – one who elicits the truth by use of the rack
 - Root “**basanizo**” means: to _____ – pain, toil, or torment

Mat 8:5-6 - When he had entered Capernaum, a centurion came forward to him, appealing to him, "Lord, my servant is lying paralyzed at home, suffering terribly."

→ _____ suffering

2 Pet 2:7-8 - and if he rescued righteous Lot, greatly distressed by the sensual conduct of the wicked (for as that righteous man lived among them day after day, he was tormenting his righteous soul over their lawless deeds that he saw and heard).

→ _____ suffering

Rev 12:2 - She was pregnant and was crying out in birth pains and the agony of giving birth

→ _____ pain

You have 2 Choices

1. Choose to forgive and _____ the torment
2. Choose to not forgive and _____ the torment

What Unforgiveness Does

How to Forgive

➤ **Draw Diagram Here**

- You must _____ the person from the action

- Forgiveness is not an intellectual process; it's a process of the _____

What About Vengeance?

- Desire for righteous vengeance is _____ sinful
- **Vengeance exists in sinless _____**
Rev 6:9-10 (NIV) - When he opened the fifth seal, I saw under the altar the souls of those who had been slain because of the word of God and the testimony they had maintained. They called out in a loud voice, "How long, Sovereign Lord, holy and true, until you judge the inhabitants of the earth and avenge our blood?"
- **God's role is to bring vengeance on _____ behalf**
2 The 1:4, 6-7a (NIV) - Therefore, among God's churches we boast about your perseverance and faith in all the persecutions and trials you are enduring...
- **God Himself _____ to take vengeance on those who are his enemies**
Deu 32:39-41 (NIV) - "See now that I myself am he! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand. I lift my hand to heaven and solemnly swear: As surely as I live forever, when I sharpen my flashing sword and my hand grasps it in judgment, I will take vengeance on my adversaries and repay those who hate me.

How do you deal with _____ desire for vengeance?

- **Rom 12:17-19** (NIV) - Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.

- **Rom 12:20-21** (NIV) - On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good.
- **Pro 24:17-18** (NIV) - Do not gloat when your enemy falls; when they stumble, do not let your heart rejoice, or the LORD will see and disapprove and turn his wrath away from them

Session 4: Generational Curses / Iniquities

Introduction

What Is a Generational Curse?

- It's a _____ presence, the torment that goes from one generation to another

➤ **Draw Diagram Here**

- A generational curse is a generational iniquity that _____ committed in your ancestry that put a "legal right" in your blood

- You can recognize its presence by looking at _____ in your life and genealogy

Generational Curses in The Bible

- **Exo 34:5-7** - The Lord descended in the cloud and stood with him there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, "The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generations."
- **Sin:** _____ the mark
- **Transgression:** willful _____ of God's standard
- **Iniquity:** _____ of God's standard

Timeline of Events in David's Life

(after he committed **adultery and murder**)

- Amnon (1st born son) _____ Tamar (his half sister)
- Absalom _____ Amnon
- Absalom is _____
- Absalom attempts a _____ to steal the kingdom
- Absalom _____
- Then Adonijah attempts a _____
- Solomon crowned king
- Adonijah rebels, Solomon _____ him

About Generational Curses

- Probably _____ of issues people deal with are tied to a generational iniquity
- People die, demonic spirits _____ – they just change assignments

- The legal right is imbedded in the _____

Heb 7:9-10 - One might even say that Levi himself, who receives tithes, paid tithes through Abraham, for he was still in the loins of his ancestor when Melchizedek met him

➤ **Draw Diagram Here**

- A sin an ancestor _____ in the past is imputed to you as yours

Session 5: Word Curses / Judgments

Word Curses

- **Definition:** a solemn utterance intended to invoke a supernatural power to inflict _____ on someone
- Word curses are a legal right open door for a demonic spirit to _____ what you have agreed to
- A word curse is a word that *you* give _____ to

➤ **Draw Diagram Here**

- The _____ is a spiritual weapon, for either good or evil

Pro 18:21 - Death and life are in the power of the tongue, and they that love it shall eat the fruit thereof

Jam 3:5a, 9 - So also the tongue is a small member, yet it boasts of great things... With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God

- The most destructive curses are those spoken over you by people _____ to you
- They are negative things spoken over you as statements of _____

- The open door of a word curse is when you _____ it. It's your belief that creates the open door
- If you don't believe it, it has _____ power over you

Pro 26:2 (NIV) - Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest

- The power of word curses is not that they influence your thinking. The power is it's a spiritual _____
- Word curses usually come to _____ the gift, to keep you from achieving the destiny God has for you"

Eph 2:10 - For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them

- Ask yourself: "are there specific words spoken over you that _____ you?"

Judgments

Definition: when you forgive someone but still speak _____ about them

➤ **Draw Diagram Here**

- A judgment is when you _____ let someone out of your "heart prison" even after you've forgiven them
- It's based on what we see, and then we make a _____

Mat 7:1-2 (NIV) - Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you

- Judging others is a _____ ... a legal right open door for a spirit to torment you

Rom 2:1-3 - Therefore you have no excuse, O man, every one of you who judges. For in passing judgment on another you condemn yourself, because you, the judge, practice the very same things.... Do you suppose you who judge those who practice such things and yet do them yourself... will escape the judgment of God?

Session 6: Final Open Doors

Introduction

John 5:1-14 (NLT) The Healing at the Pool

Afterward Jesus returned to Jerusalem for one of the Jewish holy days. Inside the city, near the Sheep Gate, was the pool of Bethesda, with five covered porches. Crowds of sick people—blind, lame, or paralyzed—lay on the porches. One of the men lying there had been sick for thirty-eight years. When Jesus saw him and knew he had been ill for a long time, he asked him, “Would you like to get well?”

“I can’t, sir,” the sick man said, “for I have no one to put me into the pool when the water bubbles up. Someone else always gets there ahead of me.”

Jesus told him, “Stand up, pick up your mat, and walk!”

Instantly, the man was healed! He rolled up his sleeping mat and began walking! ... The man didn’t know [who healed him], for Jesus had disappeared into the crowd. But afterward Jesus found him in the Temple and told him, “Now you are well; so stop sinning, or something even worse may happen to you.”

Covenants and Vows

○ **Covenants and vows you _____**

○ **Covenants and vows you _____**

- **Joshua 9:11-15** - ...our elders and all the inhabitants of our country said to us, “Take provisions in your hand for the journey and go to meet them and say to them, “We are your servants. Come now, make a covenant with us.” Here is our bread. It was still warm when we took it from our houses as our food for the journey on the day we set out to come to you, but now, behold, it is dry and crumbly. These wineskins were new when we filled them, and behold, they have burst. And these garments and sandals of ours are worn out from the very long journey.” So the men took some of their provisions, but did not ask counsel from the LORD. And Joshua made peace with them and made a covenant with them, to let them live, and the leaders of the congregation swore to them.
- King David almost _____ years later
2 Sam 21:1 - Now there was a famine in the days of David for three years, year after year. And David sought the face of the LORD. And the LORD said, “There is bloodguilt on Saul and on his house, because he put the Gibeonites to death.

Occult

Trauma

- **Trauma where someone _____ you**
- **Trauma to the _____**

Idolatry

- Idolatry is when you place _____ ahead of God

Pride

- Pride is feeling that you are _____ than someone else

Multiply the Impact of Freedom

1. Give It Forward

If *The Prayer of Freedom* has helped you, there may already be someone on your heart who needs the same hope and freedom. One of the simplest ways to give it forward is to keep a few extra copies of the book on hand—at home, in your car, or at work—so when God opens a door, you're ready to respond. Sometimes one book, given at the right moment, can become the beginning of someone else's freedom. To learn more, see **Chapter 13**.

2. Lead a Group Study

If you've experienced freedom through *The Prayer of Freedom*, God may be inviting you to help others experience it, too. Leading a Group Study is one of the simplest ways to do that. You don't need to be a teacher or an expert—the videos and Note Sheets guide the study for you. Your role is simply to invite a few people, create a welcoming place, and help them walk through the same process you've just experienced.

Becoming a Group Study Leader is easier than you may think, and it can be one of the most rewarding ways to give this message forward. If you feel even a small nudge to lead a group, don't ignore it. Take the next step and learn what's involved by visiting the link below and watching the short video.

ThePrayerOfFreedom.com/GroupStudy

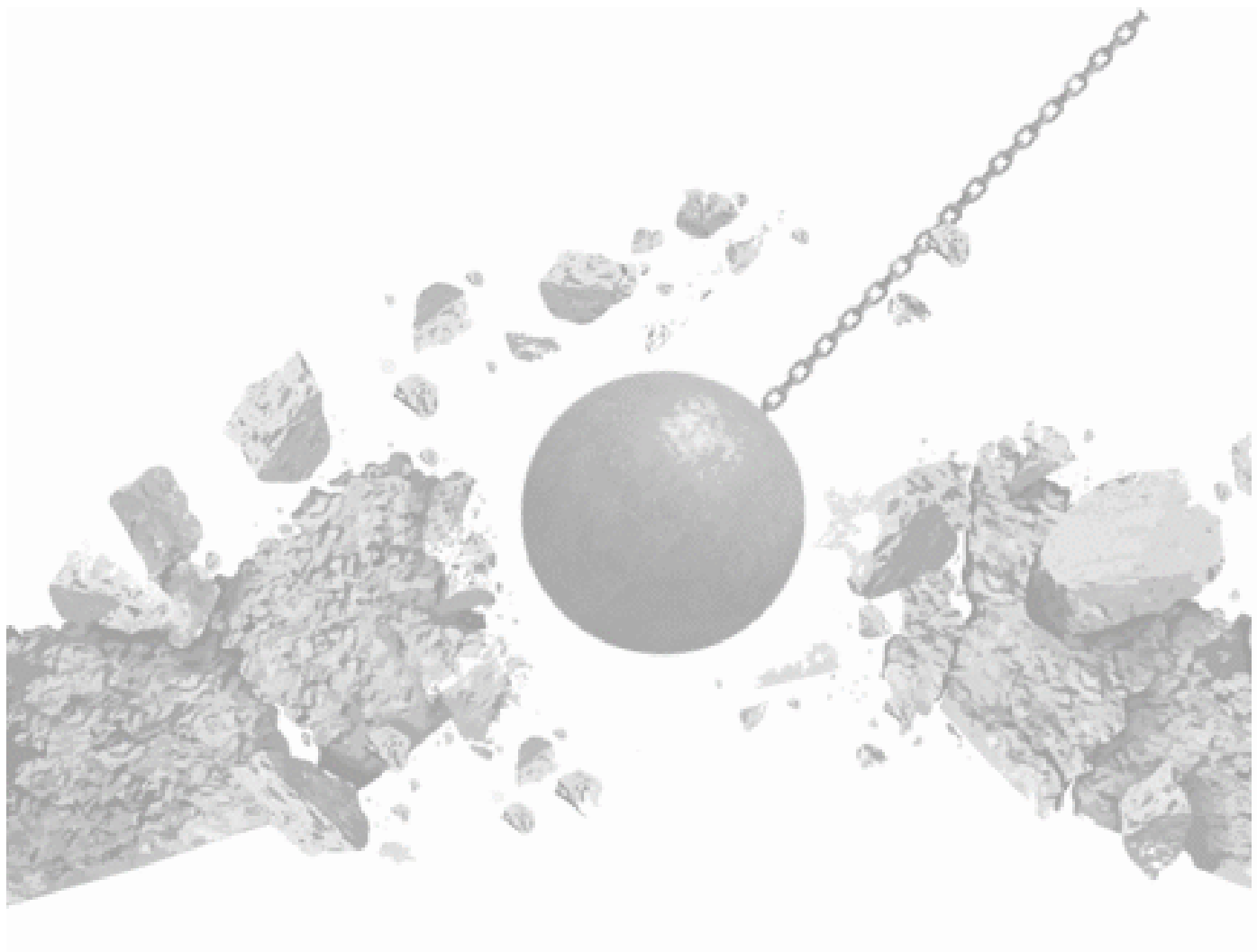


3. Go Deeper with the Master Class

If this study has stirred a desire to understand these principles more deeply and become better equipped to help others, the Master Class is designed for that next step. This 13-session, in-depth course explores the spiritual laws behind freedom in greater detail, shows you how to apply them more effectively, and helps prepare you to confidently walk alongside others through the process. To learn more about joining the Master Class, visit the link below.

ThePrayerOfFreedom.com/MasterClass





Answer Key

Session 1: Legal Rights

Answer Key

Introduction

Spiritual Warfare

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Unrepented Sins and Legal Rights

4 Steps to Deliverance

5. IDENTIFY the spirit
6. INTERROGATE the demon
7. REPENT of the sin
8. COMMAND the spirit out

Repentance REMOVES the legal right of evil spirits to attack

Evidence of Legal Rights in Scripture

- **Col 2:13c-15** - "... [Jesus] having forgiven us all our trespasses, by canceling the record of debt that stood against us with its legal demands. This he set aside, nailing it to the cross. He disarmed the rulers and authorities and put them to open shame, by triumphing over them in him."
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Session 2: Soul Ties & Sexual Sin

Answer Key

Introduction

Soul Ties

- **Definition:** a soul tie is the JOINING of your soul with someone else's
- The Bible describes it as BONDING, knitting, cleaving
- If the connection occurred during a sinful act, it's an UNGODLY soul tie; if the connection occurs during a godly act, it's a GODLY soul tie.
- Our life in the physical is MIRRORED by our life in the spiritual

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Godly Soul Ties

- **Gen 2:24** - "Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh."
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Ungodly Soul Ties

Sin vs Soul Tie

- A SIN opens the door for a demon to come in from the OUTSIDE
- An UNGODLY SOUL TIE allows for the TRANSFER of a demon from one person to another

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1. AGREEMENT to sin between two people
 - The SIN creates an open door that creates an ungodly soul tie

2. INFLUENCE you to sin

3. TRAUMA against you that is sin

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- **Definition:** sexual sin is ANY sex outside the covenant of marriage
- **Act 15:28-29** (Jerusalem Council) - "For it has seemed good to the Holy Spirit and to us to lay on you no greater burden than these requirements: that you abstain from what has been sacrificed to idols, and from blood, and from what has been strangled, and from sexual immorality. If you keep yourselves from these, you will do well. Farewell."
- **1 Tim 1:8-10** - "Now we know that the law is good, if one uses it lawfully, understanding this, that the law is not laid down for the just but for the lawless and disobedient, for the ungodly and sinners, for the unholy and profane, for those who strike their fathers and mothers, for murderers, the sexually immoral, men who practice homosexuality, enslavers, liars, perjurers, and whatever else is contrary to sound doctrine"
- Sexual sin gives evil spirits a right to TORMENT you

What makes sexual sin so bad?

- **God's perspective:**
- **Demonic perspective:**

Sexual Sin “Funnel Effect”

➤ Draw Diagram Here

- With sexual sin and the ungodly soul tie, you will ALWAYS get STD
→ “sexually transmitted demons”

Session 3: Unforgiveness

Answer Key

Introduction

Heb 12:5-7 - And have you forgotten the exhortation that addresses you as sons? "My son, do not regard lightly the discipline of the Lord, nor be weary when reproved by him. For the Lord disciplines the one he loves, and chastises every son whom he receives." It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?

Parable of the Unmerciful Servant

Mat 18:21-35 (NIV) - Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy times seven."

"Therefore, the kingdom of heaven is like a king who wanted to settle accounts with his servants. As he began the settlement, a man who owed him ten thousand bags of gold was brought to him. Since he was not able to pay, the master ordered that he and his wife and his children and all that he had be sold to repay the debt. "At this the servant fell on his knees before him. 'Be patient with me,' he begged, 'and I will pay back everything.' The servant's master took pity on him, canceled the debt and let him go.

"But when that servant went out, he found one of his fellow servants who owed him a hundred silver coins. He grabbed him and began to choke him. 'Pay back what you owe me!' he demanded. His fellow servant fell to his knees and begged him, 'Be patient with me, and I will pay it back.' But he refused. Instead, he went off and had the man thrown into prison until he could pay the debt.

"When the other servants saw what had happened, they were outraged and went and told their master everything that had happened. Then the master called the servant in. 'You wicked servant,' he said, 'I canceled all that debt of yours because you begged me to. Shouldn't you have had mercy on your fellow servant just as I had on you?' In anger his master handed him over to the jailers to be tortured, until he should pay back all he owed.

“This is how my heavenly Father will treat each of you unless you forgive your brother or sister from your heart.”

4 Key Take-Aways

5. We must forgive EVERYONE
 6. If you don't forgive, God calls you WICKED
 7. The lack of forgiveness is an open door to be TORMENTED
 8. The torment lasts until... the sin has been REPENTED OF
-
- Greek for “jailer” is also translated TORMENTOR – one who elicits the truth by use of the rack
 - Root “**basanizo**” means: to TORTURE – pain, toil, or torment

Mat 8:5-6 - When he had entered Capernaum, a centurion came forward to him, appealing to him, "Lord, my servant is lying paralyzed at home, suffering terribly."

→ PHYSICAL suffering

2 Pet 2:7-8 - and if he rescued righteous Lot, greatly distressed by the sensual conduct of the wicked (for as that righteous man lived among them day after day, he was tormenting his righteous soul over their lawless deeds that he saw and heard).

→ MENTAL suffering

Rev 12:2 - She was pregnant and was crying out in birth pains and the agony of giving birth

→ PHYSICAL pain

You have 2 Choices

3. Choose to forgive and STOP the torment
4. Choose to not forgive and CONTINUE the torment

What Unforgiveness Does

How to Forgive

➤ **Draw Diagram Here**

- You must SEPARATE the person from the action

- Forgiveness is not an intellectual process; it's a process of the HEART

What About Vengeance?

- Desire for righteous vengeance is NOT sinful
- **Vengeance exists in sinless HEAVEN**
Rev 6:9-10 (NIV) - When he opened the fifth seal, I saw under the altar the souls of those who had been slain because of the word of God and the testimony they had maintained. They called out in a loud voice, "How long, Sovereign Lord, holy and true, until you judge the inhabitants of the earth and avenge our blood?"
- **God's role is to bring vengeance on YOUR behalf**
2 The 1:4, 6-7a (NIV) - Therefore, among God's churches we boast about your perseverance and faith in all the persecutions and trials you are enduring...
- **God Himself VOWS to take vengeance on those who are his enemies**
Deu 32:39-41 (NIV) - "See now that I myself am he! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand. I lift my hand to heaven and solemnly swear: As surely as I live forever, when I sharpen my flashing sword and my hand grasps it in judgment, I will take vengeance on my adversaries and repay those who hate me.

How do you deal with YOUR desire for vengeance?

- **Rom 12:17-19** (NIV) - Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God's wrath, for it is written: "It is mine to avenge; I will repay," says the Lord.

- **Rom 12:20-21** (NIV) - On the contrary: "If your enemy is hungry, feed him; if he is thirsty, give him something to drink. In doing this, you will heap burning coals on his head." Do not be overcome by evil, but overcome evil with good.
- **Pro 24:17-18** (NIV) - Do not gloat when your enemy falls; when they stumble, do not let your heart rejoice, or the LORD will see and disapprove and turn his wrath away from them

Session 4: Generational Curses / Iniquities

Answer Key

Introduction

What Is a Generational Curse?

- It's a DEMONIC presence, the torment that goes from one generation to another

- **Draw Diagram Here**

- A generational curse is a generational iniquity that SOMEONE ELSE committed in your ancestry that put a "legal right" in your blood

- You can recognize its presence by looking at PATTERNS in your life and genealogy

Generational Curses in The Bible

- **Exo 34:5-7** - The Lord descended in the cloud and stood with him there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, "The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generations."
- **Sin:** MISSING the mark
- **Transgression:** willful REBELLION of God's standard
- **Iniquity:** PERVSION of God's standard

Timeline of Events in David's Life

(after he committed **adultery and murder**)

- Amnon (1st born son) RAPES Tamar (his half sister)
- Absalom KILLS Amnon
- Absalom is EXILED
- Absalom attempts a COUP to steal the kingdom
- Absalom KILLED
- Then Adonijah attempts a COUP
- Solomon crowned king
- Adonijah rebels, Solomon EXECUTES him

About Generational Curses

- Probably HALF of issues people deal with are tied to a generational iniquity
- People die, demonic spirits DON'T – they just change assignments

- The legal right is imbedded in the BLOODLINE

Heb 7:9-10 - One might even say that Levi himself, who receives tithes, paid tithes through Abraham, for he was still in the loins of his ancestor when Melchizedek met him

➤ **Draw Diagram Here**

- A sin an ancestor COMMITTED in the past is imputed to you as yours

Session 5: Word Curses / Judgments

Answer Key

Word Curses

- **Definition:** a solemn utterance intended to invoke a supernatural power to inflict HARM on someone
- Word curses are a legal right open door for a demonic spirit to FULFILL what you have agreed to
- A word curse is a word that *you* give AGREEMENT to

➤ Draw Diagram Here

- The TONGUE is a spiritual weapon, for either good or evil

Pro 18:21 - Death and life are in the power of the tongue, and they that love it shall eat the fruit thereof

Jam 3:5a, 9 - So also the tongue is a small member, yet it boasts of great things... With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God
- The most destructive curses are those spoken over you by people CLOSEST to you
- They are negative things spoken over you as statements of ABSOLUTES

- The open door of a word curse is when you BELIEVE it. It's your belief that creates the open door
- If you don't believe it, it has NO power over you

Pro 26:2 (NIV) - Like a fluttering sparrow or a darting swallow, an undeserved curse does not come to rest

- The power of word curses is not that they influence your thinking. The power is it's a spiritual CONTRACT
- Word curses usually come to STEAL the gift, to keep you from achieving the destiny God has for you"

Eph 2:10 - For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them

- Ask yourself: "are there specific words spoken over you that HAUNT you?"

Judgments

Definition: when you forgive someone but still speak BADLY about them

➤ Draw Diagram Here

- A judgment is when you NEVER let someone out of your "heart prison" even after you've forgiven them
- It's based on what we see, and then we make a JUDGMENT

Mat 7:1-2 (NIV) - Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you

- Judging others is a SIN ... a legal right open door for a spirit to torment you

Rom 2:1-3 - Therefore you have no excuse, O man, every one of you who judges. For in passing judgment on another you condemn yourself, because you, the judge, practice the very same things.... Do you suppose you who judge those who practice such things and yet do them yourself... will escape the judgment of God?

Session 6: Final Open Doors

Answer Key

Introduction

John 5:1-14 (NLT) The Healing at the Pool

Afterward Jesus returned to Jerusalem for one of the Jewish holy days. Inside the city, near the Sheep Gate, was the pool of Bethesda, with five covered porches. Crowds of sick people—blind, lame, or paralyzed—lay on the porches. One of the men lying there had been sick for thirty-eight years. When Jesus saw him and knew he had been ill for a long time, he asked him, “Would you like to get well?”

“I can’t, sir,” the sick man said, “for I have no one to put me into the pool when the water bubbles up. Someone else always gets there ahead of me.”

Jesus told him, “Stand up, pick up your mat, and walk!”

Instantly, the man was healed! He rolled up his sleeping mat and began walking! ... The man didn’t know [who healed him], for Jesus had disappeared into the crowd. But afterward Jesus found him in the Temple and told him, “Now you are well; so stop sinning, or something even worse may happen to you.”

Covenants and Vows

- Covenants and vows you **MAKE**

- Covenants and vows you **BREAK**

- **Joshua 9:11-15** - ...our elders and all the inhabitants of our country said to us, “Take provisions in your hand for the journey and go to meet them and say to them, “We are your servants. Come now, make a covenant with us.” Here is our bread. It was still warm when we took it from our houses as our food for the journey on the day we set out to come to you, but now, behold, it is dry and crumbly. These wineskins were new when we filled them, and behold, they have burst. And these garments and sandals of ours are worn out from the very long journey.” So the men took some of their provisions, but did not ask counsel from the LORD. And Joshua made peace with them and made a covenant with them, to let them live, and the leaders of the congregation swore to them.
- King David almost 400 years later
2 Sam 21:1 - Now there was a famine in the days of David for three years, year after year. And David sought the face of the LORD. And the LORD said, “There is bloodguilt on Saul and on his house, because he put the Gibeonites to death.

Occult

Trauma

- **Trauma where someone ATTACKS you**
- **Trauma to the BODY**

Idolatry

- Idolatry is when you place ANYTHING ahead of God

Pride

- Pride is feeling that you are BETTER than someone else